



Kaiso Obata seminar

2-5th July 2015, Poland



Seidokan dojo and MOSiR Sosnowiec present seminar of

Shinkendo, Bojutsu & Aikibujutsu
with

Kaiso Toshishiro Obata



2-5 July 2015

MOSiR Sosnowiec, st. Braci Mieroszewskich 91

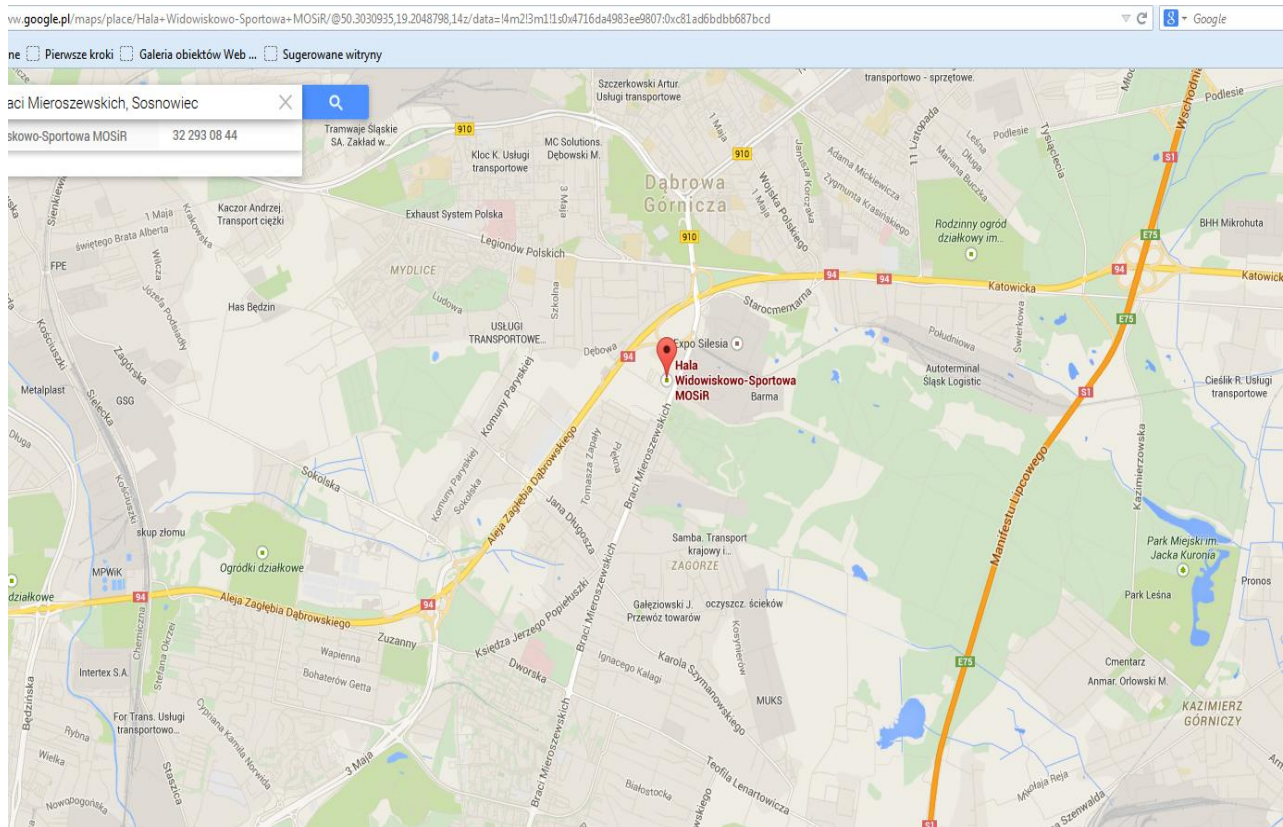


Seidokan,
st Wojska Polskiego 29/14, Świętochłowice
41-600 Poland

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Localization



Sosnowiec
ul. Braci Mieroszewskich 91

City transport

Bus lines: 18, 55, 182, 260, 690, 808, 811, 902N, 903N

ticket price is about 1 euro







Arriving to Poland

By Bus

There is an international bus station in Katowice (about 10 kilometers from dojo) so for most of you, it should be possible to arrive directly to Katowice by bus from your country, then use city communication, or taxi to reach dojo or your hotel/apartment. Please contact us earlier if you need pick up. Our students will be more than happy to help.

By Plane

There are two major airports near Silesia region
Katowice Pyrzowice and Kraków Balice (Cracow Balice)

Katowice Pyrzowice – 30 km from seminar location. Travel by car – about 30 min. Used by both cheap and expensive flight companies, like Ryan Air or Wizz Air. This airport is closest to seminar location.

Kraków Balice – 73 km from seminar location. Travel by car – about 50 min. Used by both cheap and expensive flight companies, like Ryan Air or Wizz Air. This airport is more remote from seminar location

If you need more help with bus transport or flight to Poland do not hesitate to contact us. We can provide you with pick up from bus station, or airport for just fuel price





Schedule and prices

Thursday

14:00 – 16:00 Kaiso meeting with children from orphanages, demonstrations, everybody is welcome to join

16:00 - 18:00 Bojutsu & Aikibujutsu

Friday

9:00 - 11:00 – Bojutsu & Aikibujutsu

11:00 - 12:00 - Shinkendo

12:00 - 14:00 - lunch

14:00 - 15:30 - Shinkendo

15:30 - 17:00 - Shinkendo

18:00 – dinner

Saturday

9:00 - 11:00 - Bojutsu & Aikibujutsu

11:00 - 12:00 - Shinkendo

12:00 - 14:00 - lunch

14:00 - 15:30 - Shinkendo

15:30 - 17:00 - Shinkendo

18:00 – dinner

Sunday

9:00 - 11:00 - Bojutsu & Aikibujutsu

11:00 - 12:00 - Shinkendo

12:00 - 14:00 - lunch

14:00 - 15:30 - Shinkendo

15:30 - 17:00 - Shinkendo

18:00 – dinner

Please be mindful: during Aikibujutsu & Bojutsu group will be split into those who want to attend Aikido training and those who attend Bojutsu. Aiki and Bo groups will practice at same dojo with Kaiso simultaneously

Everybody is welcome to join lunches or dinners with Kaiso. Exact prices of lunches and dinners will be given later, but they should not exceed the amount of 7 euro per meal. Regular polish prices of drinks like beers, or non alcohol drinks roam around 1,8 euro per 0,5l glass

Schedule does not contain instructors trainings as Kaiso decided to split students into advanced and beginners on every training session





Prices

Persons/Training type	Price in Euro
1person/Shinkendo	110
2 persons/Shinkendo	180
3persons/Shinkendo	270
1person/Bojutsu&Aikibujutsu	90
2 person/Bojutsu&Aikibujutsu	140
3persons /Bojutsu&Aikibujutsu	190
1person/ Full seminar	150
2person/ Full seminar	240
3person/ Full seminar	310

Prices for more than one person refer to families

Please register before 25th of July. Payment is allowed once you arrive at the seminar.





Sleeping

After researching local market of hotels we prepared a decent offer for you of sleeping possibilities. Unfortunately all hotels or apartments are remote from the seminar, but dojo can be reached by local transport, or with help of our students. Please keep us updated on how many students will be coming and where so that we can organize a proper transport for you.

Please take look at the offer of apartments as they are not less comfortable than hotels but definitely much more cheap.

It will be best if you ask seminar organizer to book the room for you, but if needed, you can book rooms just by yourself.





Hotels

Boutique hotel – localized in strict center of the city

<http://www.hotels-sosnowiec.pl/>

1 person room 109 PLN

2 persons room 149 PLN

Breakfast 25 PLN





Apartments

Adres

ul. Czeladzka 14

41-200 Sosnowiec

<http://www.noclegi-sosnowiec.pl>

Price: 25 zł per person

Rooms – 3,4,5,8 persons

Kitchen and Bathrooms on each floor







OTHER INFO

Please be mindful of the fact that Shinkendo seminar is limited to only 70 students and Bojutsu to 50 due to dojo size. Registration comes to an end by 25th of June 2015. If you can't contact organizer by e mail, please try doing it by phone or by Viber (application for mobile phones allowing to call others using internet connection instead of regular phone network)
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